

# Dive Rescue International 2018 Swiftwater Training Series

Hosted by the Golden Fire Department Golden, Colorado

All swiftwater programs are designed for personnel who are physically fit. Participants are encouraged to participate after successfully completing the IADRS Watermanship Test or testing to a fitness level of 13 MET (Metabolic Equivalents) or greater. Participants with aerobic fitness questions or concerns should consult their physician prior to in-water training. Participants who have poor aerobic fitness may attend this program as surface support personnel with the approval of the instructor.

# Swiftwater Rescue I ∼ June 1-3, 2018

Swiftwater emergency calls have multiplied dramatically in the last decade with the increasing popularity of kayaking, rafting, fishing, and canoeing. Some rescue teams are finding themselves unprepared for the special hazards presented by a swiftwater rescue -- river navigation, hidden debris, obstructions and low-head dams. Swiftwater Rescue prepares emergency response personnel to think quickly, respond rapidly and act effectively without sacrificing personal safety in swiftwater operations. Participants in Swiftwater Rescue will have the opportunity to use specialized gear in water exercises, practice with inflatable rescue craft and react to swiftwater emergency scenarios. They will experience firsthand the critical elements that increase the thin margin for error: river flow, water temperature, and hidden obstructions. They will apply practical knowledge and skills to increase the odds in their favor when a rescue is in progress; time is of the essence.

Prerequisites: Participants must be a member of a public safety agency and 18 years of age.

## Swiftwater Rescue II ∼ June 4-6, 2018

This physically demanding program is designed to improve your personal readiness to respond to Swiftwater emergency situations. You will build on your basic Swiftwater rescue skill to run safe and effective operations. All students are required to have basic swiftwater rescue skills including, excellent swimming skills, operational experience using highlines, mechanical advantage systems, rigging and a working knowledge of knots. All students should be prepared for multiple challenging in-water scenarios. Specific and detailed information will be provided regarding searching by using coordinated land and water based teams.

**Prerequisites:** Participants must be a member of a public safety agency and at least 18 years of age. Students must also provide proof of basic swiftwater training from a recognized training organization within the last 3 years.

### Swiftwater Rescue Trainer ~ June 7-11, 2018

This 5 day/60 hour program is designed to give trainers a practical and efficient system to build competent and safe swiftwater rescue teams. Successful trainers will return to their department with a complete training system to be used with the student kits purchased from Dive Rescue International. This program will allow the Swiftwater Rescue Trainer to teach the Swiftwater I and II programs to in-house personnel at a minimal cost.

**Prerequisites:** Participants must be a member of a public safety agency and at least 21 years of age. Students must have certification in Swiftwater Rescue I from any certified training agency and certification in Swiftwater Rescue II within the last 3 years through Dive Rescue International. 30 hours of pre-course study required. Swiftwater Rescue Trainer requires an application. Please call (800)-248-3483 ext.18 for details.

#### **Be Sure to Bring**

Adequate clothing and protection from the environment, acceptable footwear and water sports helmet, U.S. Coast Guard approved PFD (type III or V) with attached knife and whistle, wet suit or swiftwater dry suit, water rescue gloves, leather work gloves, fins, swiftwater rescue board (optional), pen and paper for note taking and sketching.

# Swiftwater Training Series ~ Golden, CO

Location All classes will be held at: Golden Fire Department Station 1 911 10th Street, Golden, CO 80401 All classes begin promptly at 8:00 a.m.

#### **Airport Destination**

Denver International Airport is a 60 minute drive.

#### Travel

We recommend you check with Dive Rescue International to confirm all classes before making airline reservations.

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#### **Accommodations**

The Golden Hotel - (Walking Distance) 800 11th Street, Golden CO 80401 www.TheGoldenHotel.com
For reservations call (303) 215-4163

**Table Mountain Inn** - (Walking Distance) 1310 Washington Avenue, Golden CO 80401 www.TableMountainInn.com

For reservations please call (800) 762-9898

**Hampton Inn** - (4 miles) 17150 W. Colfax Avenue, Golden CO 80401 For reservations please call: (303) 278-6600 or (800) Hampton

Rate: TBD

\*\*Students must make and confirm their own hotel reservations.

Billing Address \_\_\_\_\_ Exp.date \_\_\_\_\_ CVC\_\_\_\_

Department card Personal card

**Cancellation Policy** Cancellations received prior to 3 weeks before the start of the class will receive a full refund. Cancellations received 8-21 days prior to class will receive a 50% refund. Cancellations received 0-7 days prior to class will not receive a refund.



To register for a program Choose one of the following:

- Fax this form to (970) 482-0893
- Online at

www.DiveRescueIntl.com/Training

- Call us at (800) 248-3483 ext. 18
- Mail this form to:

Dive Rescue International 201 North Link Lane Fort Collins, CO 80524

